

Post operation instructions for patients who have undergone Intravenous Conscious Sedation

You have received dental treatment with the assistance of conscious sedation:

To be completed by Dental Service staff only:

Date:	Clinic:
Type of sedation	Dose (mg)
IV Midazolam	
Oral Midazolam	
Intranasal/Buccal Midazolam	

We do not anticipate any post-operative problems from using these techniques. If any problems occur between 9.00am and 4.30pm, please contact the dental office for advice on 0151 604 7295.

If you need emergency care within the next 24 hours please show this leaflet to whoever treats you.

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You have received conscious sedation to help you accept dental treatment. This was given to make you more relaxed but often makes you feel tired or drowsy. You must follow these instructions, even if you feel normal.

For the next 24 hours you should:

- Be taken home by your escort in a car or taxi - public transport is not suitable.
- Arrange for a responsible adult to stay with you and look after you (this may be longer if you have health problems).
- Relax for the rest of the day; do not do any strenuous exercise.
- Arrange for somebody else to care for any children, elderly or sick relatives you usually have responsibility for.
- Follow any other post-operative instructions given to you by the dentist (eg extraction advice).
- Take your regular prescribed medication as usual.

For the next 24 hours you should not:

- Drive or ride a bike, your insurance would be invalid.
- Climb ladders.
- Operate machinery - including domestic appliances such as irons, kettles etc.
- Travel alone.
- Make important decisions or sign business or legal documents.
- Return to work.
- Drink alcohol or use recreational drugs.

Opening hours:

Monday - Thursday 8.30am - 5.00pm

Friday 8.30am - 4.30pm

St Catherine's Health Centre Dental Clinic

0151 514 6420

Victoria Central Health Centre Dental Clinic

0151 514 6266

Leasowe

0151 514 2340

Out of Hours:

Out of Hours Service 111

Revive Dental Care

0161 476 9651

If you would like this information in another format or language, please contact the Your Experience Team on freephone 0800 694 5530. Alternatively you can email wcnt.yourexperience@nhs.net

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