

Hand Hygiene Competency Assessment (Frontline Staff) Handwashing

Name:		Designation:	
Service/Ward/ Name of Setting:			
Name of Assessor:		Designation:	

Assessment Criteria:		Achieved	Not Achieved
Hand Preparation	Hands and wrists are free from watches, activity trackers and other jewellery. <i>NB Plain band wedding ring is acceptable</i>		
	Nails are short and without nail extensions, varnish or gel.		
	Sleeves are short or rolled up to above the elbow.		
Hand Washing Technique	Any cuts and/or abrasions are covered with a plaster/waterproof dressing.		
	Person being observed uses wrist/elbow to turn on taps (unless sensor tap), runs warm water away from plughole (where possible).		
	Wets hands and wrists thoroughly.		
	Apply liquid soap to wet hands.		
	Hands are rubbed to create a lather.		
	Rub lather over all parts of hands including each of the following 5 times:		
	• Palm to palm		
	• Palm to palm with fingers interlaced		
	• Palm of each hand over back of other hand with fingers interlaced and vice versa		
• Back of fingers into palm of opposite hand and vice versa			
• Tips of fingers into opposite palm in a circular motion and vice versa			
• Rotational rubbing of each thumb			
• Rub all areas of wrist			
Rinses hands thoroughly under running water.			
Drying	Taps are turned off using wrist/elbow (unless sensor tap) or a clean paper towel if non-lever operated taps.		
	Hands are dried thoroughly using paper towels and disposed of in foot operated bin.		

Assessment of Staff Knowledge					
Assessors Questions:		Suggested Answers:		Achieved	Not Achieved
Hand Hygiene	Name the 5 Moments for hand hygiene. <i>NB: Always perform hand hygiene before putting on and after removing gloves</i>	<ul style="list-style-type: none"> • Before touching or providing care for someone • Before clean/aseptic procedures • After body fluid exposure/risk • After touching or providing care for someone • After touching a person's surroundings 			
	When would you use liquid soap and water for routine hand hygiene rather than alcohol based hand rub?	<ul style="list-style-type: none"> • When hands are visibly soiled/dirty • When caring for person with vomiting and/or diarrhoeal illness • When caring for a person with a suspected or known gastrointestinal infection e.g., Norovirus, <i>Clostridioides difficile</i> (C diff) 			
	Who should be bare below the elbow?	<ul style="list-style-type: none"> • All staff providing direct care • All clinical staff when in uniform (coats/cardigans/fleeces acceptable in non-clinical areas) 			
Competency achieved? (All criteria met in full)					
Competency not achieved?					

Rationale for criteria NOT met:			
Staff member signature:		Date:	
Assessor signature:		Date:	