

Post operation instructions for patients who have undergone Inhalation Sedation

You have received dental treatment with the assistance of inhalation sedation.

You have received conscious sedation to help you accept dental treatment. This was given to make you more relaxed but often makes you feel tired or drowsy afterwards. The effects of inhalation sedation generally wear off within minutes of your treatment being completed.

You must follow these instructions, even if you feel normal.

You may be asked to remain in the clinic for up to 30 minutes after treatment is complete.

For the next 24 hours you should:

- Be taken home by your escort in a car or taxi - public transport is not suitable
- Relax for the rest of the day; do not do any strenuous exercise
- Follow any other post-operative instructions given to you by the dentist (eg extraction advice)
- Take your regular prescribed medication as usual

For the next 24 hours you should not:

- Drive or ride a bike, your insurance would be invalid
- Climb ladders

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- Operate machinery - including domestic appliances such as irons, kettles etc.
 - Travel alone
 - Make important decisions or sign business or legal documents.
 - Return to work
 - Drink alcohol or use recreational drugs

If you have any problems after treatment, please contact:

Opening hours:

Monday - Thursday 8.30am - 5.00pm

Friday 8.30am - 4.30pm

St Catherine's Health Centre Dental Clinic

0151 514 6420

Victoria Central Health Centre Dental Clinic

0151 514 6266

Leasowe

0151 514 2340

Out of Hours:

Out of Hours Service 111

Revive Dental Care

0161 476 9651

If you would like this information in another format or language, please contact the Your Experience Team on freephone 0800 694 5530. Alternatively you can email wcnt.yourexperience@nhs.net

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